Dear Parents and Community Members,

People sometimes say that “Time flies” and since the start of the 2016 school year, it certainly makes that statement true. From back to school routines, to mid-year celebrations we find ourselves at the end of October, and slowly approaching the excitement of the Christmas Season. It certainly has warmed up very quickly and I cannot express the importance of your child having a water bottle for school. Having a water bottle at school allows your child to have a drink whilst at their desk which creates less disruption to the class lessons.

There’s no such thing as “Snake Season” really, but as the temperatures rise during early spring here, so do snake sightings and encounters. At the sighting of a snake, the school automatically follows the Windera State School lock down procedure until the area is safe.

Please remember that Windera State School is a Sun Smart School. Students must:
- wear a wide brim hat to participate in all outdoor activities
- wear sun screen when outdoors
- wear the school uniform
- play in the shade areas during the hottest parts of the day

**Help your child to enjoy learning**

Children develop their attitudes and beliefs in their abilities from their parents. Characteristics such as tenacity, persistence, planning and organisation and the important ability to ask for help are often qualities children model from their parents.

If your child has a positive attitude to learning they are more likely to complete Year 12 and go onto further study.

Encourage your child to learn from their mistakes and to keep trying even if they find something difficult. Praise your child for their effort and progress.

Be positive about school and respectful of teachers. Show interest in what happens at school and talk about what your child is learning.

Show your child how you plan, set goals, and follow through when you start something. Children who master these kinds of skills have learned how to learn effectively – and these skills will help them not only during their years at school, but throughout their lives.
Burpalicious

My radish is burping,
I swear it's not me.
Hold on, there's the onions I had with my tea.
Followed by baked beans,
Too much fizzy pop,
A packet of crisps,
Then ice cream, just a drop.
So cover your ears,
As here comes another.
OK mum, I'll stop.
Well that spoiled my fun, bother!

Healthy Eating

Healthy eating has a long-lasting and positive impact on a child’s growth, development and health. Foods eaten by your child at school contribute greatly to their daily nutrient intake. These foods considerably influence their eating habits, growth patterns, energy, concentration levels and ability to learn. You have an important role to play in helping to ensure your child eats well and stays active.

Healthy school lunch ideas include:

- sandwiches or pita bread with cheese, lean meat or salad
- cheese slices, crackers with spread and fresh fruit
- washed and cut-up raw vegetables or fresh fruits
- frozen water or milk, particularly in hot weather

Highly processed, sugary, fatty and salty foods should only make up a very small part of your child’s diet. Foods to limit in school lunches include:

- processed meats such as salami and pressed chicken
- chips, sweet biscuits, muesli and breakfast bars
- fruit bars and fruit straps
- cordials, juices containing sugar and soft drinks

You must let your child’s school principal know if your child is allergic to particular foods.

Design Technology

On Friday afternoon all students engage in Design Technology. At the present time we are making robots and desk organisers. In order to make these items the students need to collect the materials from home ie recycle or reuse.

For next week all students need to bring in one tin (approximately 400,420,440grms—soup, baked beans, spaghetti, etc). This item will be used in their desk organiser.

As the students are designing and making individual robots each child will have different needs that they need to find and bring from home—they will need them by week 8 (4 weeks time).

If you have any magazines you no longer need, can you please donate them to the school.

Thank you ......................... Mrs Cross
TIPS - THINGS YOU CAN DO

♦ Demonstrate a positive attitude and good work habits to your child.
♦ Talk with your child about what they are learning at school.
♦ Help your child to learn how to deal with distractions and to re-engage with their work.
♦ Help your child and encourage them to keep trying if they lack confidence or doubt themselves.
♦ Common things children say when they lack confidence could include:
  ⇒ “I don’t know how to do that”
  ⇒ “I can’t remember”
  ⇒ “It’s too hard”
  ⇒ “It’s boring”
♦ Praise your child for their effort and persistence when they are reading or doing homework.

Windera State School Tuck shop will operate each Friday, please write your child’s order on a paper bag (x2 bags — one for morning tea and one for lunch) Money is to be placed inside the bag. If you did not receive the Tuck shop menu please collect one from the school office.

tajba ordinamenti  (Maltese for good bye)
Sam Berlin

Windera State School Values

At Windera we continue to follow our four values:
Be Safe  Be Positive
Be Respectful  Be a Learner

As a school we are continuing to be active learners and great role models of the Windera State School values.

Are your contact details current?
It is urgent that the school has current contact details. If your details change please notify the school immediately.

Visiting the School

Please remember that if you are visiting the school or are volunteering in the school please sign in at the office and collect a visitors badge to wear.

TELLING JOKES IS GOOD FOR KIDS!
Q: What’s the best thing to put into a pie?
A: Your teeth.
Q: What did the nut say when it got a cold?
A: CASHEW!
Q: What do you call a fake noodle?
A: An impasta.
Q: What do you get if you cross a fish and an elephant?
A: Swimming trunks.
The Students had a SENSEItonal time on the Japanese Excursion to Brisbane. We listened to a very interesting speech at the Japanese Consulate about Japanese food and chopstick manners. We also walked up to DAISO, a $2.80 shop where students bought a wide range of toys, stationery and presents for friends and family...... all for the price of $2.80.

Finally, and perhaps the highlight of the trip for most of the Students, was lunch at the KABUKI Restaurant. Students were treated to a wide range of traditional Japanese foods and an amazing display of Teppanyaki skills by the Chefs. (Kids please do not try those tricks at home......)

Thank you very much to the teachers who assisted on the trip and thank you to all the students who participated. Your behaviour was excellent and I hope everyone had a great time.

ありがとうございました

Sensei
(Sonny Pellinkhof)
**Dates to Remember**

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<thead>
<tr>
<th>November</th>
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<tbody>
<tr>
<td>Tues 1</td>
<td>Swim/Music/PCYC</td>
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<tr>
<td>Fri 4</td>
<td>Pizza Night @ 6.00pm</td>
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<tr>
<td>Mon 7</td>
<td>Assembly</td>
</tr>
<tr>
<td>Tues 8</td>
<td>Swim/Music/PCYC</td>
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<tr>
<td>Fri 11</td>
<td>Remembrance Day</td>
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<tr>
<td>Tues 15</td>
<td>Swim/Music/PCYC, P &amp; C Meeting</td>
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<tr>
<td>Fri 18</td>
<td>Yr 5/6 Gala Sports Day</td>
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<tr>
<td>Mon 21</td>
<td>Assembly</td>
</tr>
<tr>
<td>Tues 22</td>
<td>Swim/Music/PCYC</td>
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<tr>
<td>Wed 30</td>
<td>Prep Orientation. Yr 6 Transition Day @ MSHS.</td>
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<tr>
<td>Thurs Dec 1</td>
<td>Yr 6 Graduation</td>
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**Birthdays**

<table>
<thead>
<tr>
<th>October</th>
<th>November</th>
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<tbody>
<tr>
<td>Tristan 31st</td>
<td>Kelvyn 10th</td>
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<tr>
<td>Jazmin 15th</td>
<td>Sydney 19th</td>
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**Swimming Reminder**

- Long hair tied back and out of eyes
- Swim shirt or t-shirt
- Bathers / togs
- Towel
- Jacket
- All articles labelled
- Extra food

**Award Winners**

**Amazing Artists**

Isaac, Kelvyn

**Remarkable Reader**

Josie, Nicholas

**Master of Maths**

Alex, Claire

**Super Scientist**

Isaac, Jazmin, Kayden

**Computer**

Alex, Connagh

**Young Author**

Jazmin, Gabriel

**Responsibility & Gold Words**

Imogen

**Kindness**

Kayden

**Great work, Students!!!**
This Term is really moving along quite quickly and it’s almost too scary to contemplate, but the Christmas Holidays are right around the corner! The end of the year can be an especially tiring time for all, but especially for the littlies in the lower grades. When my family was young, I would give them dinner a little earlier; a warm bath and read a story book while tucked into bed, this would usually help settle them for sleep. Even a half hours more sleep can make a big difference in how they cope with their busy days.

**CORN & BACON NOODLE LOAF**

- Preheat oven to 180°C. Grease a loaf pan and line with baking paper.
- Place 440g shelf-fresh Singapore noodles in a large heat-proof bowl. Cover with boiling water and stand for 1 minute. Separate noodles with a fork. Drain and roughly chop noodles.
- Fry 1 small, finely chopped onion, 2 garlic cloves and 200g bacon. Stir often until bacon is starting to brown. Set aside to cool.
- To the noodle bowl, add bacon mixture, 1 grated small zucchini;
- 1 cup sweet corn kernels, 1/2 cup grated tasty cheese, 1/3 cup self-raising flour and 5 beaten eggs. Season with salt and pepper.
- Mix until well combined. Pour into prepared pan. Bake for 50 to 55 minutes or until golden and firm. Cool in pan for 15 minutes.

Cut in slices when cold for lunches or serve hot with salad. Enjoy

First Chappy breakfast at our new tuckshop