Dear Parents and Community Members,

This term is quickly coming to an end. Where has the time gone? Life has become so fast and it can be difficult to slow down and take in what is happening in our everyday life. It is important that you make some talk time with your child/children every day. **Have hopes, dreams and ambitions for your child.**

How can you as parents be actively engaged in your child’s learning?

When a parent holds high aspirations for their child, they do better at school. Aspirations are hopes, dreams, aims or ambitions. If you show your child that you believe in their potential and tell them that you know they can succeed, it can help your child build confidence, set higher expectations for themselves, and they can achieve better results at school.

**TIPS - THINGS YOU CAN DO**

- Let your child know that you think it’s important they do well at school.
- Ensure your child knows that you believe in their potential and abilities.
- Ask your child everyday what they learnt at school, or what they found interesting or fun at school
- Talk to your child often about the dreams and plans they have for their future.

**Windera State School Values**

At Windera we continue to follow our four values:

Be Safe
Be Respectful
Be Positive
Be a Learner

As a school we are continuing to be active learners and great role models of the Windera State School values.

**Every Day Counts**

This year our school’s attendance target is 97%.

Current Attendance is **95.2%**

Visiting the School

Please remember that if you are visiting the school or are volunteering in the school please sign in at the office and collect a visitors badge to wear.

Let’s **BE RESPECTFUL, BE SAFE and BE POSITIVE and BE A LEARNER too!**
TELLING JOKES IS GOOD FOR KIDS!

Q: What does my dog do when he goes to bed?
A: He reads a bite-time story.

Q: What do dogs do when watching a DVD?
A: They press paws.

Q: Why can’t dogs drive?
A: They can’t find a parking space.

Q: Why did the banana go to the hospital?
A: It was not peeling very well.

Q: Why did the burglar rob a bakery?
A: He needed the dough.

Healthy Eating

Please remember that it is really important that you pack a healthy lunch box for your child / children each day. Highly processed foods may be quick and easy alternative but they are full of sugar, salt, fat preservatives and artificial colours. These ingredients greatly impact on your child’s / children’s behaviour, learning and health.

Ingredients
125g cherry tomatoes, quartered
125g can corn kernels, drained
2 green onions, finely sliced
2 tablespoons sweet chilli sauce (optional)
8 butter lettuce leaves
4 sheets wholemeal lavash bread
1 1/2 cups shredded barbecued chicken (see note)
1 cup grated tasty cheese

Travelling Safely in the Car

Choosing the safest seating position

Recommendation:
Children 12 year and under should sit in the rear seat (if there is one).

Why this is important?

Injury risk to children aged 12 and under is nearly double in the front seat compared to the back seat, irrespective of restraint type.

It is not recommended that children 12 years of age and under sit in the front seat of vehicles - especially where there is a front passenger airbag.

Children 12 years and under in the front seat are at greater risk of injury than adults due to airbag deployment and, as stated earlier, are at lower risk of serious injury and death in the seat than in the front seat with a passenger airbag. Hence the rear seat is the safer option, particularly when there is a front seat passenger airbag.

I would like to take this opportunity to wish everyone a safe and relaxing Easter and I look forward to seeing you all for an exciting Term 2.

Kindest Regards

Samantha Berlin
**Dates to Remember**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>March</td>
<td>P &amp; C AGM @ 5.00pm</td>
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<tr>
<td>21</td>
<td>PE &amp; Music @ Murgon School</td>
</tr>
<tr>
<td>22</td>
<td>Last day of Term 1</td>
</tr>
<tr>
<td>April 11</td>
<td>First day of Term 2</td>
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**On Tuesday March 22 we will go into Murgon school for PE and music and then come back to school as we don’t have any Gymnastics.**

**Next term for Sporting Schools our students will be attending PCYC for Indoor Hockey.**

**Don’t forget—the students need to take morning tea, lunch, water bottle and hat.**

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**Year Six Goodies List**

Year six are doing well with their fund raising. On our list, chocolate eggs are now available at $1 per packet or 10c per egg. Jelly cups and icy cups are reduced to 50c for jelly cups and 20 cents for icy cups. We will only be selling them on Friday beginning next term. Next week we will be selling just on Thursday, the last day of the term. So far the we have raised $141. Thank you for your support everyone!

*Jazmin*

**Sports and Physical Education**

Swimming has finished for the term. Gymnastics ended in week eight. Next term we will be playing indoor hockey.

*Nicholas*

**Student Council**

Student council members have been elected. Congratulations to:
- Alex Hinkley - President
- Nicholas Beddows - Treasurer
- Jazmin Lewis - Secretary
- Tanya Bridges - Vice President.

Student council will meet at lunch time on a Wednesday. The first meeting will be next Wednesday, 23 March.
Hello Everyone,

This week I have some great information I read from Parenting SA, a South Australia Government initiative, to help you make your family the best it can be. I hope you find some of the tips helpful, and even if you put one thing into practice, it will build a stronger family. We will cover a couple of tips at a time.

“Family is the most important part of a child’s life. A loving, caring family can create confident, resilient children while an unhappy family can lead to a range of problems for children. While there are many different forms of family and styles of parenting, unhelpful ways of doing things can form over time. We may not realise what is making things difficult in our family. Here are some ideas to help your family work well.”

Make time for talking and listening
Make family time
Be affectionate, caring and kind
Accept differences between family members.
Share the chores and the power.
Keep in touch with family and friends
Be Committed to the family

Make time for talking and listening: “Listen to what children say and try to understand their thoughts and feelings. Talk to all family members as often as you can, about what each person has done for the day.”

Make Family time. -Make time to spend together and have fun as a family – go to the beach or park, play or watch sport, play games or do other things together. Family time can create special memories. -Talk together about things that affect the whole family – include children. Family meetings can be useful. – Have meals together if you can. If this is difficult in a busy life try having a meal together, say once a week. Turn off the TV and phones. – Spend quality time together as a couple. It helps you work well together and this benefits the whole family”.

(When my children were growing up, my husband and I would make time together to chat on our garden seat. This really helped keep us connected and on the same page. Our children knew it was our special time and they did not to disturb us, unless it was important. Give it a try.)

We will cover some more ideas next week. See you soon, Chappy.
Rory investigating the forces of wind.

Gabe, Connagh and Joshua enjoying the optical illusion room.

Imogen comparing her height to the dinosaur’s leg.

Gabe found out some interesting facts about cane toads.

Kahlia and Sydney were mesmerised by the electricity display.

Magnificent microscopes.

Look at who Jazmin and Phoenix found.

Nick with his head on a platter—optical illusion.
Some easy family cooking for the whole family to enjoy

Campfire Damper

**Ingredients:**
3 1/2 cups self-raising flour
1/2 cup powdered milk
1 teaspoon salt
1 1/2 cups water
(alternative – use 1/2 cup of fresh or long life milk and only 1 cup of water adjusting as needed)

**Preparation**
Add dry ingredients: flour, salt and milk powder into a bowl.
Add water gradually stirring as you go.
Now the fun part! Add a bit of flour to your hands, get those fingers working and ensure everything is mixed together.
Once your dough is forming, place the mixture on a well-floured surface and knead lightly.
Shape the mixture into a round and allow to stand for 5-10 minutes.

**Cooking**
Grease & Dust your camp oven with flour and place your Damper inside OR place your damper on some greased foil inside your camp oven
Place the lid on firmly and place camp oven on the hot coals
Cover the lid with coals also and allow to cook for around half an hour