Hello Windera Families and community members,

On Friday the Windera School students competed in the Small Schools Athletics Carnival at Moffatdale State School. The weather was kind and it was wonderful to see so many parents attend to support all the children in the spirit of the event with a focus on participation! Windera cheered on the participants in a lively, spirited way and all the Windera competitors gave their best effort. Congratulations to all of the Windera students—you represented your school well!!! Congratulations to Alex who has been selected to compete in the South Burnett Athletics on Wed August 3.

Thank you to the families who turned up on Saturday for the school Gardening Bee. A Big thank you to William and Ann Schloss and family for bringing their chainsaw and trailer. William did an excellent job of cutting down and removing the rotten pepperina tree and the trees that were over hanging the school sign. Mary Barnes, Denis Bridges and girls also helped out with a general tidy up of the excess leaves in the eating area and garden edges. Thank you to Chris Lewis for cleaning up the leaves from the school entrance and carting them away.

Please take note of the date claimers in this week’s newsletter as we have some exciting fund raisers and outings coming up.

Farvel (goodbye in Danish)

Sam Berlin

If you have any free time and would like to help the school, we have new library books that need to be covered with contact. All materials that you need will be provided. If you could possible help please contact Di at the school. Thanks!

School Opinion Survey

URGENT! URGENT! Each family was given a log-on to complete the School Opinion Survey on line. Closing date was today, but it has been extended to Tuesday Aug 2, so we would appreciate it if you could complete it this weekend.

Let’s BE RESPECTFUL, BE SAFE and BE POSITIVE and BE A LEARNER too!
PBL School

Families

Families are important members of the school's community.

- When schools and families work together toward a common goal of helping all children and young people to be successful, it is much more likely to happen. Families have valuable insights and information about how their children learn best and what help they need.
- School personnel can help families support their children and young people at home in learning and developing academic, social-emotional and behavioural skills.
- PBL schools find various ways to update families on a regular basis about their activities, lessons, projects and celebrations. Schools actively communicate with families so they understand and support the PBL process.
- Families benefit from learning how to use similar strategies at home for teaching and supporting their children's social and behaviour skills.
- PBL schools encourage family members to volunteer in their schools and to participate on their PBL leadership teams.

TELLING JOKES IS GOOD FOR KIDS!

Q: What kind of bow can’t be tied?
A: A rainbow.

Q: What do you call a parade of rabbits hopping backwards?
A: a receding hare-line.

Q: Which dinosaur knew the most words?
A: The thesaurus

Knock, knock.
Who's there?
Lettuce.
Lettuce who?
Lettuce in, it's freezing out here.

Windera State School’s PLAY GROUP

When: Every Thursday morning from 9am to 10am (No playgroup August 4)
Where: Windera State School
What: Hat, morning tea, water

Windera State School Values

At Windera we continue to follow our four values:
Be Safe Be Positive
Be Respectful Be a Learner

As a school we are continuing to be active learners and great role models of the Windera State School values.

Tongue Twisters!!!!!

A good cook could cook as much cookies as a good cook who could cook cookies

I saw a saw that could out saw any other saw I ever saw.

The thirty-three thieves thought that they thrilled the throne throughout Thursday.

Swan swam over the sea, Swim, swan, swim! Swan swam back again, Well swum, swan!
Body odour

Everyday personal hygiene is basically about washing your hands, covering your mouth when you cough and keeping clean. But there’s also a social side to dealing with personal things like body odour, smelly feet and bad breath.

Helping teenagers build personal hygiene habits

When your teenage child was younger, you taught him the basics of good hygiene – washing his hands, covering his mouth when he coughed and having regular baths or showers. You had to help him with things like cleaning and flossing teeth, at least to start with.

When children reach puberty, a sweat gland in their armpit and genital area develops. Skin bacteria feed on the sweat this gland produces, which is why teenagers – and adults! – Sometimes smell ‘sweaty’. Bacteria feed on sweat in other parts of the body too, which can lead to body odour (BO).

If your child washes his body and changes his clothes regularly, especially after physical activity, it’ll help to reduce the build-up of bacteria and avoid BO. Changing underwear and other clothes worn next to the skin is especially important. These clothes collect all sorts of stuff that bacteria love to eat, including dead skin cells, sweat and body fluids. That’s why they get smelly.

The onset of puberty is also a good time for your child to start using antiperspirant deodorant. You can encourage your child to do this by letting her choose her own.

Smelly feet

Smelly feet and shoes can also be a problem for your child, whether he’s sporty or not. He can avoid this by giving his feet extra attention in the shower, and making sure they’re completely dry before putting his shoes on. It’s a good idea to encourage him to alternate his shoes and to wear cotton socks instead of ones made of synthetic fibres.

Dental hygiene

Good dental and mouth hygiene is as important now as it was when your child was little, and you’ll need to keep making regular dental appointments for her. Brushing twice a day, flossing and going to the dentist regularly are vital if your child wants to avoid bad breath, gum problems and tooth decay.

Imagination and Play are Essential to Healthy Childhoods

Brenna M. Hicks, PhD

Have you taken time lately to witness your child’s imagination at work? Just stood and observed as creative play unfolded in front of you, without prompts or coaching? Children at play are in their most natural and happy state. Through your child’s play, you can witness the development of character and personality, problem solving and self-confidence. An added bonus, your child will communicate with you through his imagination and playful experiences in ways he may be unable to do verbally.

Is your daughter feeling badly about a child who is bullied? She may use her imagination to create scenarios that allow the underdog to emerge victorious in the sea of her stuffed animals. What about your son’s feelings of stage fright for the upcoming play at school? He may rehearse his lines in front of imagined or toy army men to feel more comfortable.

Children may never tell you when they are worried, but their play will.

The benefits of play and imagination have been well documented in research. Here are some reasons why playing with your children is critical to understanding them and nurturing their healthy development.

The Language of Imagination and Play

If you have ever tried to ask your child questions about his or her feelings, or experiences at school, you likely have been met with one word answers or, “I don’t know.” While these answers can be frustrating to parents, from your child’s perspective they are accurate. Children do not have the ability to reason abstractly until they become pre-teens. Therefore, if you want to understand what is happening in your child’s world, playing with him or her is one way to do so. Children are likely to share and talk when their imaginations are active and when they are engaged in fun, playful experiences. Toys are their words, and play is their first language.
Play Expands a Child’s Emotional Vocabulary

Children are often frustrated and confused by their emotions, especially since feelings tend to manifest themselves in the body as physical symptoms. Children do not understand what they are experiencing, nor do they have words to express those feelings. Playing with your children helps them develop an emotional vocabulary, as you help them identify their feelings and put them into words. So, your child jumps up and down cheering because she gets to play ball, and you tell her, “You seem excited!” This lets her label excitement for future communication with you and others.

Unleashing Imagination through Play

When children are given the opportunity and permission to play, they unleash their imagination and creativity. Play time provides every type of problem to solve, every difficult scenario that they face, every conflict that will emerge. It serves as a practice for real life, without the typical consequences and risks. As they work through these topics, they are required to use their imagination, creativity, and inventiveness. They practice being collaborative and diplomatic. The more freely children are encouraged to play, the better they are able to access their imagination and immerse themselves in the fantasy and fun of play time.

Imagination Improves Coping Skills

One fascinating aspect about play is that even if children’s real circumstances do not change, play affords them an opportunity to understand their stories in meaningful and helpful ways. For example, a child may not be able to bring a loved one back to life, but she can use her imagination to play house with grandpa, pretending he is still alive. This playful experience can help her cope with loss and develop new language to express her emotions.

Your child may not win the spelling bee at school, but he can use his imagination to award himself a medal during playtime. By dealing with issues through play, coping skills increase and self-confidence in the ability to handle emotional let-downs grow. These are things you may not be able to offer help with as a parent; but by participating in your child’s play, you will witness the process unfold in front of you as your child ramps up his capacity to deal with difficult situations. Imagination and play are essential aspects of healthy childhoods. During play, kids feel safe, content, and competent. By entering into the world of a child at play, you are given access to feelings, thoughts, desires, and wishes that might otherwise go unspoken. As a witness to your child’s play, you will gain insight and understanding about what matters to your child. Even better, you just might be invited into the play, and can experience your child’s world for yourself. Either way, you and your child can enjoy a new, meaningful method of communication!
Trial flights of the Paper Gliders.

O Wing flights – “Look Mum two hands”.

Testing the gyrocopters

Great whirligig flying by the students

Joshua had success with making his whirligig fly.
AWARD WINNERS

Amazing Artist
Jazmin, Josh

Mathletics
Kaliah, Tanya, Tristan

Spelling
Alex

Science
Kelvyn, Lucias, Josh

Amazing Artist
Jazmin, Josh

Computer Wizard &
Reading

Gabriel

Terrific Helper
Imogen

Well done Students!!

Super Cursive Award
Nicholas

Chappy's Chat

Hi All,

While I was in Brisbane last week, doing some study, I was reminded again of why I so enjoy living in the country. No traffic jams, no crowds to dodge when walking, peace and quiet, friendly faces, and birds flying across a beautiful scenery. We have a lot to be grateful for. Studies have shown, that children who have learnt to be thankful for small things, are also the ones who show the most resilience when hard times happen. It does us good to stop for a moment and think about all that we have to be grateful for.

Just to communicate too, I will be away at Chappy Conference in week 4. This is a great time of professional training and learning for Chappy's from all over our big state. I will be looking forward to getting back to normal in week 5!

Homework

Great to see the Homework Books coming back to school on time with activities completed at a good academic standard. Thanks for your support! However, there are some areas that need improvement and they are handwriting and overall presentation of work.

Home Reading

Students need to read from a book of their choice every day. Home Reading is a great way to see how your child is travelling and what skills they have improved in. Children love to read to an adult, and what better adult than mum or dad! If your child is reading a chapter book from the Library then their Home Reading Folder needs to be back at school every Friday along with their Library book. All other Home Reading Folders need to come in every day. If your child has lost their Reading Log I will replace it with a sheet titled "My Reading Log". If they have misplaced their folder as well then I have a new one that they can have. Parents please let me know as I hear all sorts of wonderful stories from the students about ‘folders missing in action’.

Thanks - Dianne
Tenders

These items are up for tender. Please submit all tenders by 3.00pm Monday August 8. Tenders must be in a sealed envelope addressed to “The Principal’, marked ‘Confidential’.